



Taking
the ASAM
Certification Exam?
Sign up for the
Exam Preparation Track.

ADDICTION MEDICINE REVIEW COURSE

October 22-25, 2008

Newport Beach Marriott Resort & Spa, Newport Beach, CA



CONFERENCE HIGHLIGHTS

Future of Genomic Medicine in the Addiction Field - *Charles O'Brien, MD, PhD*

Prescription Drug Abuse and Misuse - *H. Westley Clark, MD, JD, MPH*

Neurobiology of Addiction: Springboard to New Treatments - *George Koob, PhD*

Principles of Addiction Treatment - *Richard Rawson, PhD*

PRE-CONFERENCE WORKSHOPS

Effective Strategies for Treating Pain and Addiction

Methadone Maintenance Update 2008

Physician Impairment in a Changing Environment

SPECIAL EVENTS

Dessert Reception: Drug Testing at the Beijing Olympics - *Donald Catlin, MD*

Friday Evening Poolside BBQ

Up to 30 hours of Category 1 CME

Sponsored by the California Society of Addiction Medicine and the American Society of Addiction Medicine



JOIN US IN NEWPORT BEACH!

PLANNING COMMITTEE

Jean Marsters, MD, Conference Chair, Assistant Clinical Professor of Psychiatry, UCSF

William Brostoff, MD, Medical Director, Chemical Dependency Recovery Program, Kaiser Permanente, Vallejo, CA

Steven Ey, MD, Medical Director, Hoag Chemical Dependency Center, Newport Beach, CA

Denise Greene, MD, Medical Director, Chemical Dependency Recovery Program, Kaiser Permanente, Carson, CA

Lori Karan, MD, Drug Dependence Research Laboratory, Clinical Psychopharmacologic Research, UCSF

Jack Kuo, MD, Director of Psychiatric Services, Promises Treatment Centers, Malibu, CA

Karen Miotto, MD, Director of UCLA Addiction Medicine Service; Associate Clinical Professor, David Geffen School of Medicine, UCLA

Roderick Shaner, MD, Medical Director, County of Los Angeles, Department of Mental Health

Phuong Truong, MD, Psychiatry Resident, Keck School of Medicine, USC

John W. Tsuang, MD, Director of Dual Diagnosis Treatment Program, UCLA Medical Center

INFORMATION

For more information, or to request additional copies of this brochure, contact: California Society of Addiction Medicine
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San Francisco, CA 94105
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www.csam-asam.org



Jean Marsters, MD
Conference Chair

Colleagues and friends, please join us by the harbor in beautiful Newport Beach, California for this year's California Society of Addiction Medicine Review Course. Ocean breezes and warm evenings are the setting for this thorough review and rediscovery of the core concepts of addiction medicine.

This year, our keynote speaker, **Charles O'Brien, MD, PhD**, will provide us with future applications of genomic medicine to the field of addiction. We will also hear from some of the top names in the field including **H. Westley Clark, MD, JD, MPH**, director of CSAT on the misuse and abuse of prescription drugs; **George Koob, PhD**, on the neurobiology of addiction; **Richard Rawson, PhD**, on treatment modalities; **Karen Miotto, MD**, on club drugs and **M. Lynn Yonekura, MD**, on substance abuse during pregnancy and the neonatal period.

Back by popular demand will be the Certification Exam Preparation Track for conference participants who would like more emphasis on test-taking tips, enriched study materials, practice questions, and guidance on how to make the most of valuable study time.

Our pre-conference workshops will offer a more in-depth look at such pertinent clinical topics as pain and addiction, a practical clinical-update for methadone providers, and a workshop for doctors and hospital well-being committees on how to approach impaired physicians in California's rapidly-changing regulatory environment.

In order to improve access to care, we will also offer a post-conference workshop on Saturday afternoon designed to help clinicians and their medical office staff to maximize reimbursement for substance abuse services.

For those interested in public policy, grab a lunch-to-go and come to Thursday's open lunch with **H. Westley Clark, MD, JD, MPH**. CSAM's Executive Council will be there and the dialogue is sure to be electrifying.

For evening fun Thursday, we will welcome back **Don Catlin, MD**, Olympic performance enhancing drug-sleuth extraordinaire, to share with us his perspectives on the Beijing Olympics at a free dessert reception. On Friday night, conference attendees will have a chance to relax with a fun-filled pool-side BBQ dinner (included with 3-day registration and Friday-only one-day registration).

Whether you're studying for the ASAM certification/recertification exam, seeking a solid clinical review, or simply deepening your understanding of chemical dependency and treatment, we invite you to come with us to Newport Beach. Come for the science, find fun and fellowship along the way.

WHO SHOULD ATTEND?

This course is designed for:

- Practicing physicians in both primary care and other specialty fields seeking an introduction to the full spectrum of substance use disorders, their diagnosis, and appropriate management;
- Physicians preparing for the certification examination in addiction medicine requiring an overview of the core elements of addiction medicine in a way that allows them to identify the areas where they may need more study;
- Other health care professionals, including psychologists, therapists, nurses and drug abuse counselors, who are involved in the treatment of patients with substance abuse disorders.

CREDIT

PHYSICIANS: The California Society of Addiction Medicine (CSAM) is accredited by the Institute for Medical Quality/California Medical Association to provide continuing medical education for physicians. CSAM takes responsibility for the content, quality and scientific integrity of this CME activity. CSAM designates this educational activity for a maximum of 30 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

FAMILY PHYSICIANS: Accreditation is pending from the American Academy of Family Physicians.

PSYCHOLOGISTS: The California Board of Psychology accepts CME courses accredited by the California Medical Association for continuing education credit. In other states, where requirements vary, psychologists should check with their state board.

THERAPISTS: This course meets requirements for up to 30 hours of continuing education credit for MFTs, MFCCs and LCSWs as required by the California Board of Behavioral Sciences. The provider number is PCE3447.

DRUG ABUSE COUNSELORS: CSAM has been approved as National Association of Drug Abuse Counselors Education Provider #391. All applying for NAADAC credit should report their hours directly to NAADAC.

NURSES: The California Board of Registered Nursing recognizes Category 1 CME for RN license renewal purposes. Nurses may report Category 1 CME on a one-to-one basis. Write Category 1 CME in place of a provider number when reporting credits.

PHYSICIAN ASSISTANTS: The American Academy of Physician Assistants and the NCCPA accept Category 1 Physician CME on a one-for-one basis.



PREPARING FOR THE ASAM CERTIFICATION EXAM

The Review Course presents an overview of the core elements of addiction medicine, presented by top experts in the field. Participants receive a course syllabus with copies of all lecture handouts and other materials that can serve as a study guide and help prepare for the exam. We recommend that those taking the exam begin their study of *Principles of Addiction Medicine, III ed.* well before the exam. **To order your copy, call ASAM Publications at 800/844-8948.**

CERTIFICATION EXAM PREPARATION TRACK

For those who wish to have additional focused exam preparation, CSAM offers a Certification Exam Preparation Track. During the conference plenary, participants in the Certification Exam Preparation Track will sit at designated tables with other exam takers and facilitators who will help identify the key material for the exam and answer questions. It also provides 6 additional hours devoted to test-taking strategies, sample questions, high-yield exam content, and tips on how to prepare for the exam. These additional hours will be on Wednesday evening, Friday and Saturday mornings before the plenary and Saturday afternoon. Up to 6 hours CME.

EDUCATIONAL OBJECTIVES

A complete list of educational objectives for this course appears on the conference website at www.csam-asam.org. Upon completion of this course participants should be able to:

- Describe the effects of alcohol, tobacco and other drugs in both tolerant and non-tolerant individuals;
- Summarize the basic neurobiological, behavioral and genetic mechanisms of addiction;
- Describe the main drugs of abuse, their pharmacology, and specifics associated with the diagnosis, detoxification, and treatment for each;
- Describe the main features of related psychological disorders seen in patients suffering from substance abuse disorders.

OTHER ACTIVITIES

- **12-Step/Mutual Help Meetings** will be held every day during the conference at 7:30 AM and 8:00 PM.
- **Sunrise Runs on Thursday and Friday:** Meet at the desk at 6:45 AM both days. Thursday, we'll explore the shores of Big and Little Balboa Islands. Friday, we'll run out to the "Back Bay," an eco-preserve and regional park.



HOTEL

The conference hotel is the Newport Beach Marriott Hotel & Spa. A limited number of rooms are available at the conference rate of \$189 per night for single or

double rooms until October 1. After this date, the hotel may offer any remaining rooms at the prevailing rate.

To make reservations, phone **800/228-9290** or **949/640-4000**. The Newport Beach Marriott is located at 900 Newport Center Drive, Newport Beach, CA 92660. Identify yourself as a CSAM registrant to receive the conference rate.

The Newport Beach Marriott is located 10 minutes from John Wayne International Airport (Orange County) and 60 minutes from Los Angeles International Airport. There is a free shuttle every 1/2 hour between John Wayne Airport and the hotel.

WEDNESDAY, OCTOBER 22

Full-Day Workshops: 9:00 AM - 5:00 PM

A **Effective Strategies for Treating Pain and Addiction**

More effective strategies for managing pain are necessary in light of recent increases in prescription drug misuse across the country. This course will cover strategies for office-based assessment of pain and addiction liability, important considerations for treating pain and methods to monitor for the emergence of addictive behaviors during treatment. Pharmacological and non-pharmacological pain management for patients known to have substance abuse concerns will be addressed including up-to-date information on buprenorphine and methadone. The focus of this presentation will be therapeutic strategies to improve care of these most challenging patients.

Karen Miotto, MD, Dir. of UCLA Addiction Medicine Service; Associate Clinical Prof., David Geffen School of Medicine, UCLA

Christopher J. Evans, PhD, Stefan Hatos Prof., Dept. of Psychiatry & Behavioral Sciences, Semel Institute, David Geffen School of Medicine, UCLA

Paul Kreis, MD, Medical Director, UC Davis Ctr. for Pain Management

Mel Pohl, MD, Medical Director, Las Vegas Recovery Center

Jodie Trafton, PhD, Health Science Specialist, Palo Alto Health Care System, Center for Health Care Evaluation, Clinical Asst. Professor, Stanford University, Dept. of Psychiatry, Menlo Park, CA

Phuong Truong, MD, Psychiatry Resident, Keck School of Medicine, USC

B **Methadone Maintenance Update 2008**

Designed for physicians and medical personnel who work in methadone maintenance treatment programs, this workshop reviews core information brought to light by recent studies including the data on the cardiac effects, drug interactions, and safe induction practices. Emerging epidemiologic data such as the rise in prescription opioid use/abuse and approaches to the care of these patients will also be covered. The syllabus for the workshop will include the 2008 edition of CSAM's *Guidelines for Physicians Working in Opioid Treatment Programs*.

Judith Martin, MD, Medical Director, BAART Turk Street Clinic, San Francisco, CA

Elinore McCance-Katz, MD, PhD, Department of Psychiatry, UCSF

Deborah Stephenson, MD, Senior Staff Physician, Central Valley Clinic, Santa Clara County Health & Hospital System, Department Alcohol and Drug Services

Afternoon Workshop: 1:00 PM to 5:00 PM

C **Physician Impairment in a Changing Environment: Guidance for Physicians and Well-Being Committees**

In the current landscape of regulatory and political flux brought on by recent legislative action to terminate the California Medical Board's Physician Diversion Program, physicians and well-being committees must function in a climate of new treatment and monitoring challenges, legal risks, and reporting requirements. In this problem-based workshop a panel of clinical and legal experts will utilize case examples to present practices that address the new realities in California.

David Pating, MD, Chief Addiction Medicine, Kaiser, San Francisco Medical Center Chemical Dependency Recovery Program

Norman Reynolds, MD, Private Practice, San Jose, CA

Roderick Shaner, MD, Medical Director, County of Los Angeles Department of Mental Health

Kimberly Ware, Esq, Ware Law Group, Oakland, CA

SATURDAY, OCTOBER 25

Post-Conference Workshop

1:30 PM to 3:30 PM

Coding to Optimize Reimbursement for Substance Abuse Treatment

This course is designed to assist providers and their office personnel seeking to maximize reimbursement for substance abuse services and increase access to care for their patients. It will include a review of the types of services provided and the coding and documentation requirements for these services. Medical necessity for the reimbursement of these services is provided by the use of ICD-9 diagnosis codes. The importance of ICD-9 specificity, linking of the ICD-9 to the service and sequencing of the ICD-9 will be discussed. Medicare proposed fee schedule changes for 2009 will be covered, as well as a preview of any new ICD-9 codes that become effective for use October 1, 2008. Finally we will discuss the importance of understanding Modifiers and their use in getting your services reimbursed.

Lynn Handy, President and CEO, The Coding Source

WEDNESDAY, OCTOBER 22

7:00 PM – 9:00 PM

Certification Exam Preparation Track

(registration required; additional fee)

Coordinators: Jack Kuo, MD; Denise Greene, MD; and Lori Karan, MD

An ongoing workshop during the conference for those who want additional, focused exam preparation.

THURSDAY, OCTOBER 23

General Session

8:30 AM Welcome

Jean Marsters, MD, Conference Chair

8:40 AM Alcohol

Anthony Albanese, MD, Director, Chemical Dependency Division and Director, Hepatitis C Program at the VA Medical Center, Mather, CA and Associate Clinical Professor of Medicine, University of California, Davis

9:30 AM Benzodiazepines/Sedative Hypnotics

Steve Juergens, MD, Assistant Clinical Professor of Psychiatry, University of Washington

10:15 AM Case Discussion

10:45 AM Break

11:05 AM Substance Abuse Treatment: What is it? What is it supposed to do?

Richard Rawson, PhD, Associate Director of the UCLA Integrated Substance Abuse Programs; Associate Director, UCLA Department of Psychiatry

11:50 AM Confidentiality Issues

H. Westley Clark, MD, JD, MPH, Dir., Center for Substance Abuse Treatment

12:10 PM Break for Lunch

12:30 PM Open Lunch with Westley Clark, MD, JD, MPH

Director, Center for Substance Abuse Treatment (sack lunches and box lunches welcome)

This informal event is open to all conference registrants. Come join in a dialogue on such topics as present and future CSAM legislative efforts, forecasting the national climate around substance abuse treatment, and setting and prioritizing realistic goals for the future.

1:30 PM Neurobiology of Addiction: Springboard to New Treatments

George Koob, PhD, Professor and Chair, Committee on the Neurobiology of Addictive Disorders, The Scripps Research Institute, La Jolla, CA

2:20 PM Conference Keynote: Future of Genomic Medicine in the Addiction Field

Charles O'Brien, MD, PhD, Vice Chair, Department of Psychiatry and Dir., Ctr. for the Study of Addictions at the Univ. of Pennsylvania School of Medicine

3:20 PM Case Discussion

3:45 PM Break

4:00 PM Vernelle Fox Award Presentation

4:05 PM Nicotine

David P. L. Sachs, MD, Clinical Associate Professor of Medicine, Division of Pulmonary & Critical Care Medicine, Stanford University; Director of the Palo Alto Center for Pulmonary Disease Prevention and the Smoking Research Institute

4:45 PM The Role of 12-Step Programs

Steve Ey, MD, Medical Director, Hoag Chemical Dependency Center, Newport Beach, CA

5:20 PM Adjourn for the day

7:30 PM Dessert Reception

(free to registrants/guests)

Olympic Drug Testing: A Postcard from Beijing

Donald Catlin, MD, Professor Emeritus, UCLA; Founder, UCLA Olympic Laboratory; CEO, Anti-Doping Research

Unwind, chat and let us entertain you at this informal reception and armchair talk.



FRIDAY, OCTOBER 24

7:00 - 8:15 AM Certification Exam Prep Track

General Session

8:30 AM Opioid Pharmacology and Pain Treatment

Steven Richeimer, MD, Director, USC Pain Management; Associate Clinical Professor, Departments of Anesthesiology and Psychiatry, USC Keck School of Medicine

FRIDAY, OCTOBER 24 CONT.

9:35 AM Opioid Pharmacotherapies
Judith Martin, MD, Medical Director, BAART Turk Street Clinic, San Francisco

10:30 AM Case Discussion

10:55 AM Break

11:15 AM Trends in Prescription Drug Use and Misuse
H. Westley Clark, MD, JD, MPH, Director, Center for Substance Abuse Treatment

12:10 PM Break for Lunch

12:30 PM CSAM Annual Business Meeting

Grab lunch and attend. What is CSAM doing for you?
Non-members welcome to attend.

1:30 PM Epidemiology of Addiction
Mary-Lynn Brecht, PhD, Researcher and Director of Statistical Support, UCLA Integrated Substance Abuse Programs

2:05 PM Stimulants: Cocaine and Methamphetamine
Steven L. Batki, MD, UCSF Department of Psychiatry; Director, Addiction Psychiatry Research Program, San Francisco VA Medical Center

2:50 PM Infectious Diseases
Kristen Ochoa, MD, Harbor, UCLA Medical Center, Los Angeles Overdose Prevention Task Force

3:15 PM Case Discussion

3:40 PM Break

3:40 PM Community Service Award Presentation

4:00 PM Dual Diagnosis: Co-Occurring Mental Illness and Substance Use Disorders
Steven L. Batki, MD, UCSF Department of Psychiatry; Director, Addiction Psychiatry Research Program San Francisco VA Medical Center

4:45 PM Drug Testing for the Clinician
H. Westley Clark, MD, JD, MPH, Director, Center for Substance Abuse Treatment (CSAT)

5:30 PM Adjourn for the day

5:30 - 7:30 PM Friday Evening Poolside BBQ

(included in conference registration, guests welcome with additional fee)

Join us to unwind, southern California-style, at a pool-side BBQ in the hotel's stunning outdoor veranda overlooking Newport's Harbor. This will be a fun event, full of surprises, that you won't want to miss.

SATURDAY, OCTOBER 25

7:00 - 8:15 AM Certification Exam Prep Track

General Session

8:30 AM Club Drugs
Karen Miotto, MD, Director of UCLA Addiction Medicine Service; Associate Clinical Professor, David Geffen School of Medicine, UCLA

9:15 AM Inhalants – Hallucinogens
Charles Grob, MD, Professor of Psychiatry and Pediatrics at the UCLA School of Medicine

9:50 AM Case Discussion

10:15 AM Break

10:30 AM Substance Abuse, Pregnancy, and Fetal Development
M. Lynn Yonekura, MD, Professor, Department of Obstetrics/Maternal Fetal Medicine, Harbor-UCLA Medical Center

11:15 AM Cannabis
Timmen Cermak, MD, psychiatrist in private practice, Mill Valley and San Francisco

12:05 PM Adjourn General Session

1:30 - 3:30 PM Certification Exam Prep Track
Final review session for those preparing to take the ASAM Certification Course. Sample questions provided during this session.

1:30 - 3:30 PM Post-Conference Workshop: Coding to Optimize Reimbursement for Substance Abuse Treatment

ADDICTION MEDICINE REVIEW COURSE 2008

October 22-25, 2008, Newport Beach, CA Register on-line at: www.csam-asam.org

Name: _____ Degree: _____

Position: _____ Organization: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

Email: _____ Specialty: _____

PRE-CONFERENCE WORKSHOPS: WEDNESDAY, OCTOBER 22

FULL DAY WORKSHOPS: 9:00 AM - 5:00 PM (choose one)

- A. Effective Strategies for Treating Pain and Addiction
 B. Methadone Maintenance Treatment in 2008

AFTERNOON HALF-DAY WORKSHOPS: 1:00 PM - 5:00 PM

- C. Physician Impairment in a Changing Environment

NON-MEMBERS : Check here if you are a physician who would like to join the American Society of Addiction Medicine and the California Society of Addiction Medicine. Join now and receive 50% off your membership dues, and attend the conference at the member rate saving up to \$150 off the conference fees. You will be invoiced for partial year membership dues depending on when you join. You must pay your dues before the start of the conference to take advantage of this offer.

MEDICAL STUDENTS, RESIDENTS AND FELLOWS : A limited number of scholarships to those interested in attending the conference are provided by the Medical Education and Research Foundation (MERF). Check here if you are interested in applying. A separate application is required and is available on-line at www.csam-asam.org. The deadline is September 17th.

ADDICTION MEDICINE REVIEW COURSE: THURSDAY, FRIDAY, AND SATURDAY - OCTOBER 23-25

Three-Day Registration One-Day Registration: (select days) Thursday Friday Saturday

FEES:

	Wed. Pre-Conf. Full-Day Workshop	Wed. Pre-Conf. Afternoon Workshop (per wkshp)	Three-Day (Thur-Sat) Registration	One-Day (Thur or Fri) Registration (per day)	One-Day (Sat only) Registration	Sat. Post-Conf Workshop
CSAM/ASAM Member	<input type="checkbox"/> \$220	<input type="checkbox"/> \$110	<input type="checkbox"/> \$550	<input type="checkbox"/> \$240	<input type="checkbox"/> \$110	<input type="checkbox"/> \$50
Non-Member Physician	<input type="checkbox"/> \$260	<input type="checkbox"/> \$130	<input type="checkbox"/> \$645	<input type="checkbox"/> \$280	<input type="checkbox"/> \$130	<input type="checkbox"/> \$50
Non-Physician	<input type="checkbox"/> \$220	<input type="checkbox"/> \$110	<input type="checkbox"/> \$550	<input type="checkbox"/> \$240	<input type="checkbox"/> \$110	<input type="checkbox"/> \$50
Resident or Fellow*	<input type="checkbox"/> \$100	<input type="checkbox"/> \$50	<input type="checkbox"/> \$235	<input type="checkbox"/> \$120	<input type="checkbox"/> \$50	<input type="checkbox"/> \$50
Medical Student*	<input type="checkbox"/> \$20	<input type="checkbox"/> \$20	<input type="checkbox"/> \$60	<input type="checkbox"/> \$40	<input type="checkbox"/> \$20	<input type="checkbox"/> \$50

*Documentation Required

ASAM Certification Exam Preparation Track: Up to 6 hours CME, Wednesday evening to Saturday afternoon

\$200

Friday Evening Poolside BBQ: Included in conference registration. Number of guests: _____

\$20 per guest

Tax-Deductible Contribution to Medical Education and Research Foundation: (optional donation to provide conference scholarships to trainees): \$ _____

PAYMENT:

(There is a \$50 fee for on-site registration) Payment in U.S. funds must accompany registration.

Check Payable to CSAM -OR- Charge VISA MasterCard AMEX

Card #: _____ Exp: _____

Name on Card: _____

Signature: _____

Total enclosed \$ _____

CANCELLATIONS: Cancellations before October 1st are subject to a \$75 cancellation fee. No refund for cancellations submitted October 1st and later. Substitutions may be arranged.



If, due to a disability, you have any special needs, call 415-764-4855 to let us know. We will do our best to accommodate them.

CSAM

Mail or fax completed form with payment to:
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